

***Restaurants which serve
or will make vegan meals upon request***

compiled by Alaska Vegetarian Society
members Stacey Orlov and Charlie Renideo

ANCHORAGE:

Yak & Yeti's Himalayan Restaurant (Spenard Rd across from the Carousel)

Namaste Shanghi-La Tibetan & Indian (just north of Tudor & Lake Otis)

Middleway (NL)-lots of vegan pastries, always a vegan soup (my favorite is the north african peanut-not actually peanut), smoothies, sandwiches (my favorite is the Lebanese veggie)

Simon & Seafort's (portabello dinner can be made vegan & is delicious)

Organic Oasis

Bear Tooth (turnagain tofu wrap is delicious-no cheese, of course)

Southside Bistro (Huffman-next to Paramount Cycles, if you call ahead they will make a special meal for you)

Chiang Mai Thai Restaurant (Old Seward-in front of the University Center) one of the few Thai restaurants that serves brown rice

Terra Bella (you have to request an order-but the owner is very vegan friendly)

Thai Village (on Muldoon near the Fred Meyer at Muldoon & Debar) many options, serves brown rice on request.

Sizzlin' Cafe (downtown on 2nd-across from the Hilton, next to the Woodshed) vegan wraps & salads

Bombay Deluxe Indian Restaurant (NL)

Aladdin's Mediterranean Restaurant (Old Seward & Tudor)

Spenard Roadhouse (only been once, but they do have vegan options)

GIRDWOOD:

Jack Sprat (Girdwood-definitely one of my favorites-excellent food)

PALMER:

Red Beet usually has a vegan entre' and will prepare a vegan meal on request.

Red Turkey will prepare vegan food on request.

Taco Del Mar has vegan fast food.

La Fiesta have a veggie burrito and spinach enchilada dishes which they can make vegan (no cheese or sour cream)

Vagabond Blues (Palmer-usually one soup is vegan)

WASILLA:

Taco Del Mar has vegan fast food.

La Fiesta have a veggie burrito and spinach enchilada dishes which they can make vegan (no cheese or sour cream). (Warning: The veggie burrito is very large.)

HATCHER PASS:

Hatcher Pass Lodge (Tempeh sandwich is good)

HOMER:

Cafe Cups

Sourdough Express

Cosmic Kitchen

Two Sister's Bakery (vegan muffins-absolutely delicious)

TALKEETNA:

Cafe Michele (owner is very vegan friendly)

Talkeetna Lodge will make a vegan meal for you